



FOL Newsletter

Fountain of Life

ISSUE 20 *FOL AT FIVE*

RAPE CRISIS CENTER FUNDRAISING GOLF TOURNAMENT



On 26th September 2018, Clark Moran from Abbotsford Pentecostal Assembly (APA) in British Columbia, Canada, hosted a fundraising golf tournament at the Redwoods Golf Course to raise funds, target set to CAD100,000 that will help Fountain of Life build and furnish a rape crisis center in Lilongwe.

Clark Moran and his wife came to visit Malawi early last year and were inspired by the work FOL does; they asked what our goals were and we expressed that we would like to build a rape crisis center which will -

help survivors of sexual abuse heal in a secure and safe environment and will enable FOL to provide services extensively as well as ease for donors to donate towards specific items and projects for the center.

We are grateful to report that after numerous campaigns by Clark and APA, the set target was met and still receiving more donations. Thank you.



Right: Clark Moran, Abbotsford Pentecostal Assembly

Did You Know?

- The rape crisis center will be the first of its kind in Malawi; currently there are no rape crisis centers.
- It is observed from our data that most victims of defilement are girls between 13-16 years of age.
- Men and boys shy away from reporting sexual abuse.
- There is need for regular and thorough awareness on sexual abuse and services available as well as the need for trauma counseling.

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A LOOK AT OUR DATA MID YEAR 2018

TYPE OF CASE	# OF CASES (2ND QUARTER)
Defilement	89
Physical Assault	36
Rape	63
General Counselling	24
Indecent Assault	1
Gang Rape	1

In the first and second quarter, FOL managed to provide trauma counseling to victims of sexual assault in Blantyre, Lilongwe, Zomba and Mzuzu. In the first quarter, only 209 clients were seen, second quarter 219 clients. Hence a total of 428 clients were seen and counselled by the counselors against 1101 target for 2018. Most of the clients seen are females and seventeen years, the type of case being-

defilement (highest), followed by rape and physical assault.

Almost all cases, the survivors know or are familiar to the perpetrators, the most common being neighbor or someone close to the survivors residence. Blantyre One Stop Centre (OSC) is the only center that has seen male survivors and Mzuzu OSC reported the highest number of physical assault cases.

Overall, there is a need to carry out more awareness campaigns to address the need for trauma counselling and the availability of thorough, effective services for all survivors of sexual assault in schools as well as communities.

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ONE STOP CENTER THIRD QUARTER ACTIVITIES



All through out September Fountain of Life was implementing third quarter One Stop Center activities along with its stakeholders in all seven (7) districts/One Stop Centers FOL provides counselling services. Activities include Training counsellors and counsellor support, Case review meetings with all stakeholders, Training Health personnel on OSC protocols, Monitoring Health Centers on they provide OSC services as well as education and awareness campaigns in schools.

You can donate towards any of our projects like comfort packs, communication costs, counselor support and more. Contact us through email or Facebook or visit our website. There is always room and ways for you to help us bring comfort to survivors of sexual abuse.

THIRD QUARTER PRIZE WINNER!!

Congratulations to our third quarter “FOL at FIVE” prize winner Lucy Sikwese! Lucy is a volunteer counsellor at Nkhatabay One Stop Center who was recruited earlier this year. She has won a branded FOL flash drive that was initially used to share “Breaking the Silence” toolkit in soft copy format to religious leaders we trained.

During their recruitment training, all counsellors were encouraged to like FOL’s social media pages especially Facebook, to like, comment as well as share posts for them to keep up with FOL’s activities and win prizes.

There is one prize remaining for the year and you can also win one by being active on our Facebook page.



ANOTHER DONATION FROM GLASGOW!!!!!!



Several representatives from Access Glasgow stopped by FOL offices again this year to hand over their second donation. Glasgow this time around donated two (2) laptops, two (2) desktop computers, extensions cords, comfort pack items among other things.

Their projects focus principally on health and education, aimed at improving access to modern health facilities, providing IT equipment and training. We are privileged and grateful to receive these items.

Contact us if you would like to know how and what you can donate towards any of our on going projects and campaigns.

REPORT DEFILEMENT AND RAPE IMMEDIATELY!!!!!!



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“Helping Victims of Sexual Assault Re-build Their Lives”