Fountain of Life (FOL) Ltd

Fountain of Life restores self-esteem, returns smiles and revitalizes a vision for the future in the lives of innocent children, women and men who have been victims and survivors of rape.

These survivors need to be CARED for… to heal… to make sure this horrible act does not destroy or define the rest of their lives.

Fountain of Life (FOL) is an organization registered in Malawi whose primary purpose is to ensure that effective and comprehensive assistance is available to survivors of sexual assault. FOL was registered in August of 2011 as a Non-Profit Company limited by guarantee.

MISSION

Fountain of Life works to ensure that the concept developed to respond to the issues facing survivors of rape and sexual abuse is fully implemented, developed and continually updated so that all relevant areas of focus that need to be in place are in place resulting in a Malawi specific holistic healing process for those traumatised by rape and/or sexual abuse.

GOAL

The goal of FOL is to provide culturally appropriate care, support and protection to survivors of rape and sexual abuse so as to enhance their healing process, build their resilience and courage and empower them so they can once again function with confidence as fully involved citizens of Malawi with hope for the present and future.

OBJECTIVES

a) To provide trauma counseling that can be implemented at One Stop Centers (OSC) in Malawi. The model is based on the Blantyre OSC operating out of Queen Elizabeth Hospital and it has been further developed, tested, and adjusted to operate in additional OSCs in Zomba, Lilongwe, Mangochi, Mulanje and Mzuzu and Nkhata bay.

b) Conduct Education & Awareness Campaigns that focus on support services for survivors of sexual violence. This includes advocacy campaigns, development of relevant and effective IEC materials, production of DVD's on aspects of sexual assault and other relevant and appropriate information, and provision of safety to the survivors.

c) Building a pool of Trauma Counselors for the Malawi context. This will include ongoing training for potential counselors and comforters as well as steps to develop a curriculum and course to be offered in Education Institutions in Malawi.

ACTIVE PROGRAMS

1. UNICEF has partnered with FOL to replicate the FOL trauma counseling model at numerous One Stop Centres around Malawi. FOL draws its volunteer lay trauma counselors from Churches, youth centers,

hospitals in the area where the OSC is located and relies on their passion, commitment, and heart to give effective support to survivors of sexual assault.

2. Dissemination of "Breaking the Silence" a resource package to help Churches, local NGO's & CBO's, schools, and other strategic partners take steps to give support and comfort to victims of rape.

3. Education and Awareness campaigns to begin talking about sexual assault and how to help those attacked; One of which is an animation video that can be viewed in schools, homes, communities, produced by FOL in three languages (Chichewa, English and Tumbuka) that is being shared with other organizations and interested parties.

FOL desires to expand our services to the following:

1. Conduct a country wide baseline survey of what support services exist for survivors of rape.

2. Utilise survey results to create strategic plan to address gaps in services and improve existing services.

3. Pilot a model Rape Crisis Centre/Place of Refuge/Training Centre outside the urban areas where the OSC's focus.

4. Partner with Churches and community organisations to identify ways to support survivors of rape in the rural communities.

CONTACT DETAILS

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FOUNTAIN
of LIFE

"Helping Survivors of Sexual Assault Re-Build Their Lives…"